

Extrait du Kortel Design

<http://www.korteldesign.com>

Kanibal Race: setting up the harness

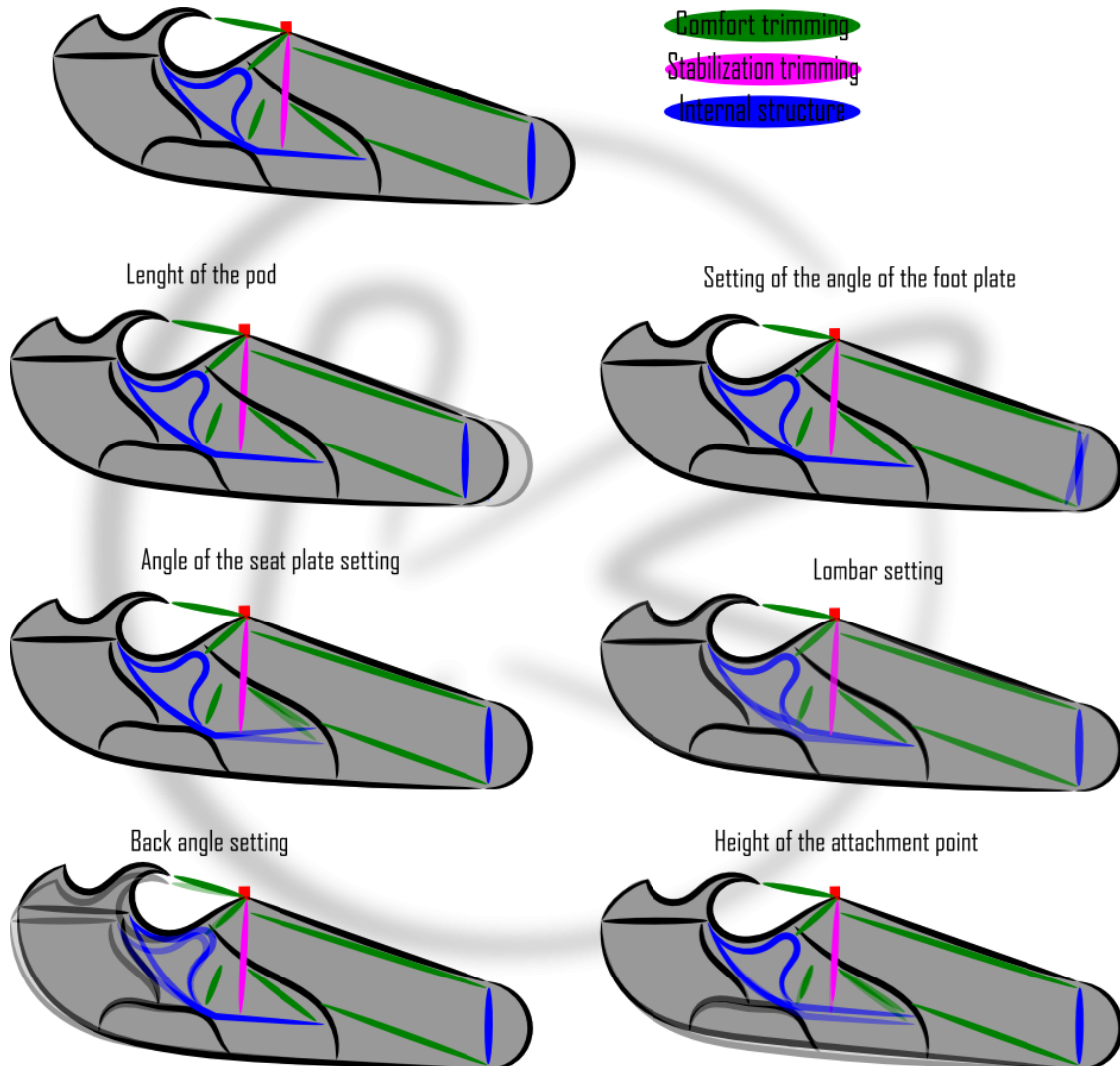
- Technical Support - Kanibal Race -

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Summary

- [Comfort setting](#)
- [Stability trimming](#)



How to set up your Kanibal Race:

Comfort setting

- Open all the trim straps, lumbar, back angle, shoulders, waist strap and foot stirrup.
- On a harness rig sit in your harness
- Adjust all the tension of the lumbar and back angle trimming, until you feel ok.
- Close the waist strap and upper horizontal shoulder strap.
- Adjust the shoulder straps so there is just a little tension on your shoulders, but no tighter.
- Set up the length of the pod so you have comfortable leg tension/support.
- Adjust the angle of the foot plate thanks to the upper or lower belt of the pod.
- Set up the angle of the seat plate.

- Set up the length of your speed bar. **Danger if too short !**

Stability trimming

To set the weight shift stability of your Kanibal Race, you have to think differently than usual. There is no need to play with your waist strap: the distance between the riser hang points should be set to your glider specification or higher, and should not be over tightened increasing the risk of twisted risers in the case of a spin!

To set up the stability of your Kanibal Race, you have to play with the length of the main webbing. If your harness seems to be too stable, shorten it. If too unstable, then lengthen it.

This adjustment isn't possible in flight. Furthermore, it's very sensible, so change it cm by cm.

For each cm you change it, think to do the same with the lumber setting.